



Recovery in the Lifestyle is a fellowship of BDSM lifestyle people who are in recovery, or would like to be, and their guests. RitL follows the steps of recovery and respects the great importance of anonymity for many of us.

Our fellowship is based on the AAWS-approved 12 Steps and 12 Traditions. Anyone who is in the lifestyle and participates in ANY 12 Step Recovery group is eligible for membership in RitL.

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