



## **Preamble of Recovery in the Lifestyle**

Recovery in the Lifestyle is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problems and help others recover in the lifestyle. The only requirement for membership is a desire to be in recovery. There are no dues or fees for membership; we are self-supporting through our own contributions. Recovery in the Lifestyle is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay in recovery and help others in the lifestyle to achieve it.